



## Executive Commute with Jayson Krause

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*Season 2 Episode 14 Resource*

### How Your Leadership is Shaped by Critical Moments

#### Bottom line:

As a leader, you are never short on opportunities to create empowering viruses, ones that instill the behaviours that lead to successful results.

#### Key takeaways:

- Leaders are always spreading viruses, either ones that create momentum or ones that create downward spirals.
- Leaders are never short on spotting potential in others that remind them why they can do things.
- High-performance leadership is doing the little things that make the biggest difference in the performance of your team.

#### Questions for reflection or team discussion:

- What critical moments in developing your team have you missed before?
- What steps can you take to make sure they aren't missed again?
- When the time comes, what words might you use to spread a good virus?

After you've explored this, let us know how it went. Send questions to [hello@level52.ca](mailto:hello@level52.ca).

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